

COMPARATIVE EVALUATION OF MARGINAL BONE LOSS IN SCREW- RETAINED VERSUS CEMENT- RETAINED IMPLANT SUPPORTED RESTORATIONS- A SYSTEMATIC REVIEW AND META-ANALYSIS. Review Article

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ABSTRACT

Aim: The aim of this systematic review is to compare the marginal bone loss in screw versus cement retained implant prosthesis. **Materials and Method:** An electronic search was conducted for articles in English listed with PubMed, Science Direct, Ebsco host between 1966 to December 2018 and 14 studies were included based on the inclusion and exclusion criteria in which the marginal bone loss between screw and cement retained were evaluated and compared. **Results:** The mean marginal bone loss in cement retained restorations is 0.89 mm and the mean marginal bone loss in screw retained restorations is 0.98 mm. **Conclusion:** The conclusion of this review states that the mean marginal bone loss in cement retained and screw retained implant supported restorations is not statistically significant when compared and both can be used depending on the clinical situation.

Keywords: Dental implant, Implant Supported Restorations, Dental Screws, Dental Implant Cementation, Screw-retained Restorations, Cement-retained Restorations, Marginal Bone Loss

INTRODUCTION:

At present the dental implants are widely used for the oral rehabilitation of partially or fully edentulous patients in order to secure various kinds of prosthesis. There are several factors that are responsible for long term success after placing and loading implants. One of the many factors involved is regarding the type of connection between the implant and restoration.¹

Marginal bone loss (MBL) around dental implants is a serious problem, and extensive bone loss has long been regarded as one key factor contributing to implant failure. This “standard MBL” stabilizes at approximately 12 months. The type of retention system for implant supported prostheses must be decided before the surgical stage to determine the most accurate location of implant. There are two methods of retaining a fixed implant supported restoration: screw retention and cement retention or occasionally a combination of both, eg, Cemented prosthesis with lingual or palatal fastening screws.

Screw retained prosthesis remain the treatment of choice in completely edentulous patients because of its ease of retrievability, reduced biological complications, ease of hygiene maintenance, repairs and provision for future surgical interventions if required. Restorations that use screw retention have been an accepted treatment option in patients with limited inter arch space.⁴

Advocates of cement retained restorations list improved esthetics and occlusion, simplicity of fabrication, reduced cost of components, reduced chairside time, and easier access to posterior of the mouth as distinct advantages. Biomechanically, the potential for passivity is more when a cemented restoration is placed on implants. Some in vitro studies have demonstrated that cement-retained prostheses exert less stress on other components and on bone tissue than screw-retained prostheses. As for disadvantages in cemented restorations, retrievability remains questionable. There is evidence that excess cement from cement retained restorations may end up in the soft tissues of the patient and then result in localized swelling and marginal bone loss. A number of studies have shown that the bacterial loads associated with failing dental implants are the same organisms implicated in periodontal disease and that pro-inflammatory mediators associated with soft-tissue inflammation are differentially expressed in tissues surrounding failing implants versus healthy implants.

The presence of a marginal gap located subgingivally has been demonstrated to influence soft-tissue health and implant survival, as the gap size can be associated with the accumulation of plaque and debris, ultimately leading to inflammation and loss of bone architecture. In light of all these factors, an essential question to ask is whether the differences in marginal gap

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between screw and cement retained implant prostheses will indeed manifest themselves in the health of peri-implant soft tissues. Presently, the dental literature is unequivocal on the association of marginal bone loss (MBL) with the implant retention mechanism.⁸

Thus the purpose of present systematic review and meta-analysis is to compare and evaluate the marginal bone loss in screw versus cement retained fixed implant restorations.

SEARCH STRATEGY:-

An electronic search of dental literature in PubMed, Science Direct, Ebsco was performed for articles published in English between 1966 to December 2018. The key words searched were: Dental implant, implant supported restorations, dental screws, dental implant cementation, screw-retained restorations, cement-retained restorations and marginal bone loss. Manual searches of the references of all full-text articles and relevant articles also selected from the electronic search were also performed. Both abstracts and full text articles were included.

SELECTION OF STUDIES:

For the review, first the titles and abstracts of the search were initially screened by two authors for relevance and the full text of relevant abstracts were obtained and accessed. From these relevant articles, by using inclusion and exclusion criteria, relevant and suitable articles were isolated for further processing and data extraction.

INCLUSION CRITERIA:

1. Study designs such as randomized controlled trial, prospective studies and retrospective studies were included.
2. Studies reporting marginal bone loss of dental implant in implant supported restoration with retention system by both of the following:
 - a. Cement retained restoration
 - b. Screw retained restoration
3. Age limit between 18-81 years were selected.
4. Follow up period more than 6 months.
5. Minimum sample size : 20

EXCLUSION CRITERIA:

1. Duplicate and irrelevant studies
2. Studies that evaluated only one type of retention without a comparison group.
3. In vitro studies.
4. In vivo animal studies.
5. Studies reporting placement of implant in zygoma.

FLOW CHART FOR SEARCH STRATEGY:

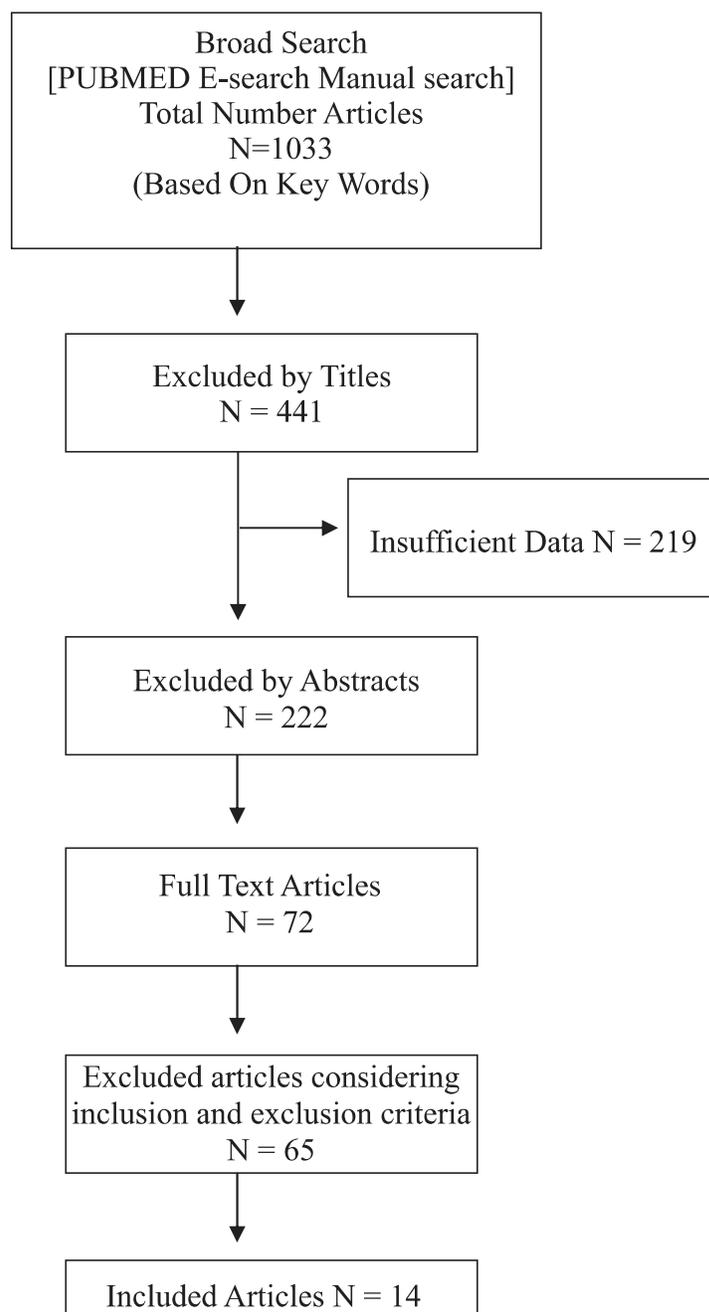


Table 1:- Evidence level of included studies

<u>No.</u>	<u>Study and year</u>	<u>Type of the study</u>	<u>Evidence level</u>
1	Hameed(2018) ⁹	Retrospective	02
2	Francis(2018) ¹⁰	Prospective	02
3	Shi(2018) ¹¹	Retrospective	02
4	Ferreiroa(2015) ¹²	Prospective	02
5	Crespi et al.(2014) ¹³	Retrospective	02
6	Cha et al.(2013) ¹⁴	Prospective	02
7	Vigolo et al.(2012) ¹⁵	Retrospective	02
8	Nissan et al.(2011) ¹⁶	Retrospective	02
9	Sherif et al.(2010) ¹⁷	Prospective	02
10	Jemt(2008) ¹⁸	RCT	01
11	Drago and Lazzara(2006) ¹⁹	Prospective	02
12	De Boever et al.(2006) ²⁰	Prospective	02
13	Vigolo et al.(2004) ²¹	Prospective	02
14	Henriksson and Jemt(2003) ²²	Prospective	02

Table 2:- Evaluation of marginal bone loss with cement retained restoration

No.	Study and year	No. of patients	Total No. Of implant	Mean Age (years)	Follow up in months	No. of cement retained restoration	Mean marginal bone loss (mm) cement retained restoration
1	Hameed(2018) ⁹	41	104	59.8	12	58	0.86
2	Francis(2018) ⁰	14	28	28.3	6	14	0.42
3	Shi(2018) ¹	176	176	46.8	30.2	82	1.97
4	Ferreiroa(2015) ²	80	80	44.4	48	40	NR
5	Crespi et al.(2014) ³	28	272	59.3	96	17 (full arch)	0.32
6	Cha et al.(2013) ⁴	120	136	47	60	30	NR
7	Vigolo et al.(2012) ⁵	16	32	33	120	16	1.11
8	Nissan et al.(2011) ⁶	38	221	58	180	110	0.69
9	Sherif et al.(2010) ⁷	99	193	47.3	60	90	NR
10	Jemt(2008) ¹⁸	35	41	31.35	120	23	1.56
11	Drago and Lazzara(2006) ¹⁹	27	151	62.4	18	15 (full arch)	NR
12	De Boever et al.(2006) ²⁰	105	283	59.1	40	127 (full arch)	NR
13	Vigolo et al.(2004) ¹	12	24	NR	48	12	0.8
14	Henriksson and Jemt(2003) ²²	20	24	29	12	13	0.3
Overall Mean Marginal Bone loss (mm)							0.89

Table 3:- Evaluation of marginal bone loss with screw retained restoration

<u>No.</u>	<u>Study and year</u>	<u>No. of patients</u>	<u>Total No. of implant</u>	<u>Mean Age</u>	<u>Followup in months</u>	<u>No. of screwretained restoration</u>	<u>Mean marginal bone loss (mm) screw retained restoration</u>
1	Hameed(2018) ⁹	41	104	59.8	12	46	0.96
2	Francis(2018) ¹⁰	14	28	28.3	6	14	0.39
3	Shi(2018) ¹¹	176	176	49.6	31.4	94	1.67
4	Ferreiroa(2015) ¹²	80	80	44.4	48	40	NR
5	Crespíetal.(2014) ¹³	28	272	59.3	96	17 (full arch)	0.48
6	Chaetal.(2013) ¹⁴	120	136	47	60	106	NR
7	Vigoloetal.(2012) ¹⁵	16	32	33	120	16	1.12
8	Nissanetal.(2011) ¹⁶	38	221	58	180	111	1.4
9	Sherifetal.(2010) ¹⁷	99	193	47.3	60	103	NR
10	Jemt(2008) ¹⁸	35	41	31.35	120	18	1.67
11	Drago and Lazzara (2006) ¹⁹	27	151	62.4	18	12 (full arch)	NR
12	De Boever etal. (2006) ²⁰	105	283	59.1	40	45 (full arch)	NR
13	Vigoloetal. (2004) ²¹	12	24	NR	48	12	0.8
14	Henriksson and Jemt(2003) ²²	20	24	29	12	11	0.4
Overall Mean Marginal Bone loss (mm)							0.98

Table 4:- Evaluation of marginal bone loss with cement retained restoration and screw retained restoration

No.	Study and year	Retention system	Follow up in month	Implant Connection	Loading protocol	Opposite Occlusion	Occlusal Scheme	No. of Implant Survived (%)	Complications (n)	Mean marginal bone loss (mm)	
										Cement retained	Screw Retained restoration
1	Hameed(2018) ⁹	C-58	12	IC	Conventional Loading	Natural teeth	IPO	NR	NR	0.86	0.96
		S-46									
2	Francis(2018) ¹⁰	C-14	6	IC	Conventional Loading	Natural teeth	IPO	NR	NR	0.42	0.39
		S-14									
3	Shi(2018) ¹¹	C-82	C-30.2 S-31.4	IC	Conventional Loading	Natural teeth	IPO	C-98.8	C-38	1.97	1.67
		S-94						S-100	S-56		
4	Ferreiroa(2015) ¹²	C-40	48	EX	Conventional Loading	Natural dentition	IPO	C-100	C-15	NR	NR
		S-40						S-100	S-12		
5	Crespi et al.(2014) ¹³	C-17 (full arch)	96	IC	Immediate Loading	Implant supported fixed arch	Group Function	C-100	C-6	0.32	0.48
		S-17 (full arch)						S-100	S-4		
6	Cha et al.(2013) ¹⁴	C-30	60	IC	Conventional Loading	Natural dentition	MIP	C-93.1	NR	NR	NR
		S-106						S-90.3			
7	Vigolo et al.(2012) ¹⁵	C-16	120	EX	Conventional Loading	Natural dentition	Group Function	C-93.75	C-0	1.11	1.12
		S-16						S-93.75	S-0		
8	Nissan et al.(2011) ¹⁶	C-110	180	IC	Conventional Loading	Natural dentition	Group Function	C-100	C-10	0.69	1.4
		S-111						S-100	S-42		
9	Sherif et al.(2010) ¹⁷	C-90	60	IC	Conventional Loading	NM	NM	C-97.8	NR	NR	NR
		S-109						S-95.2			
10	Jemt(2008) ¹⁸	C-23	120	IC	Conventional Loading	Natural dentition	NM	C-100	C-6	1.56	1.67
		S-18						S-100	S-5		
11	Drago and Lazzara(2006) ¹⁹	C-15 (full arch)	18	IC	Immediate Loading	Artificial dentition	Even contacts	NR	C-0	NR	NR
		S-12 (full arch)							S-0		
12	De Boever et al.(2006) ²⁰	C-127 (full arch)	40	IC	Conventional Loading	NM	IPO	C-100	C-29	NR	NR
		S-45 (full arch)						S-100	S-26		
13	Vigolo et al.(2004) ²¹	C-12	48	IC	Conventional loading	Natural dentition	MIP	C-100	C-0	0.8	0.8
		S-12						S-100	S-0		
14	Henriksson and Jemt(2003) ²²	C-13	12	IC	Conventional loading	Natural dentition	NM	C-100	C-0	0.3	0.4
		S-11						S-100	S-0		
Overall Mean marginal loss (mm)										0.89	0.98

(IC - Internal Connection
Ex - External Connection

IPO - Implant Protected Occlusion
MIP - Maximam Intercuspal Position)

Table 5:- Overall Mean marginal bone loss with cement retained restoration and screw retained restoration

<u>Retention system</u>	<u>Mean marginal bone loss (mm)</u>
Cement retained restoration	0.89
Screw retained restoration	0.98

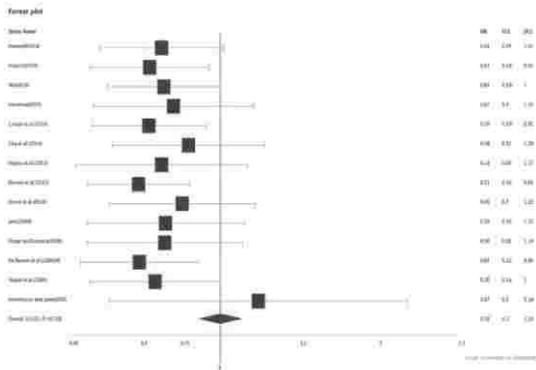


Fig. 1 Forest plot for the evaluation of marginal bone loss with cement retained restoration

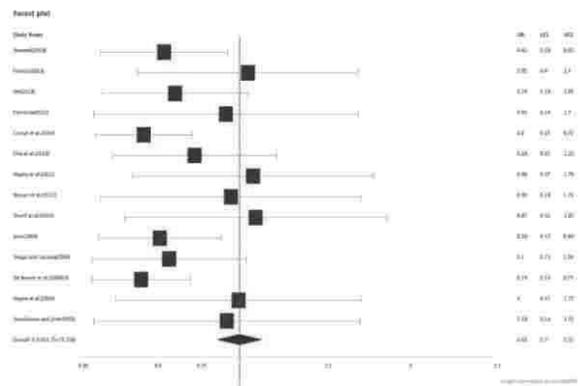


Fig. 2 Forest plot for the evaluation of marginalbone loss with screw retained restoration

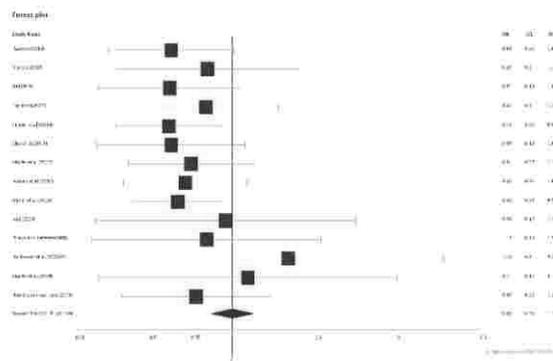


Fig. 3 Overall Mean marginal bone loss with cement retained restoration and screw retained restoration

DISCUSSION:

The main purpose of this review was to evaluate the marginal bone loss in cement- and screw retained implant fixed restorations. Along with the retention system, the included articles also assessed the follow up period, the type of implant connection, the loading protocol used, the type of opposing occlusion and the occlusal scheme.

Brandaoet et al²³ compared marginal bone loss in a systematic review of different retention systems and he observed greater loss in screw-retained prosthesis but this difference was not statistically significant. The present review, which investigated only studies with direct comparisons, also found no significant differences favouring cement-retained prostheses or screw retained prosthesis.

Jemt¹⁸ observed higher levels of average bone loss for cemented control restorations before the final tightening, supporting the observations made by Weber and colleagues.²⁶

Wannfors and Smedberg²⁷ indicate that single-implant restorations with wider cement margins between the crowns and abutments may experience more marginal bone loss. Residue of cement can be difficult to diagnose and remove, especially when the crown margin is placed deep in the gingival sulcus. In addition, bone may be lost when wide cement margins are present.

Ferreiroa¹², Sherif S¹⁷, Weber²⁶ reported that cement-retained prostheses had greater tendency toward plaque buildup, sulcular bleeding, and gingival inflammation because of the inherent difficulty in removing excess subgingival cement.

Plaque buildup may increase the risks of inflammation and, consequently, marginal bone loss.⁵¹

Tonella BP²⁸ reported that the biomechanics of the different retention systems may also affect marginal bone loss, with some studies reporting that cement-retained prostheses are better at stress distribution. Access to the screw hole may also contribute to marginal bone loss because different restorative materials can transfer occlusal loads laterally to the implant instead of axially. Furthermore, Guichet DL²⁹ stated that cement may be better at filling discrepancies, absorbing the strain of the deformation caused by the mismatch between the abutment and implant in the implant abutment- prosthesis structure, and helping to equalize distribution.

The longevity of the dental implants depends on the amount of crestal bone loss along the implant surface and the crestal bone remodels after loading of implants. However, the meta- analysis included only 2 studies by Crespiet et al¹³ and Draggo and Lazzara¹⁹ which have immediately loaded the implants, and stated that in both delayed and immediate loading, there is initial bone loss which stabilizes after about a month of loading.

Only one study by Nissan et al¹⁶ in the present review reported a high marginal bone loss with screw retained restoration. This could be due to the greater preload exerted by reduced passive fit of the screw-retained framework which caused a greater tendency of abutment screw loosening. This finding was in agreement with the study conducted by Hameed⁹. A possible explanation for observing greater MBL in

screw-retained design could be the fact that the position of the access opening in the prosthetic restoration transfers occlusal loads in a non- axial manner which results in increased marginal bone loss. Studies have shown that there is minimal stress exertion on implant and crestal bone with cement-retained prostheses than with screw-retained prostheses.

The present systematic review is a basic vision of the vast field of screw retained and cement retained restorations. The results obtained from this review are clinically insignificant and state that both screw retained and cement retained implant supported fixed restorations can be used according to the clinical situation as there is negligible difference in the marginal bone loss between the two types of retention systems used.

CONCLUSION:

From the above systematic review and meta-analysis, it is concluded that, the mean marginal bone loss in cement retained implant supported restorations is 0.89 mm.

The mean marginal bone loss in screw retained implant supported restorations is 0.98 mm.

The conclusion of this review states that the mean marginal bone loss in cement retained and screw retained implant supported restorations is not statistically significant and both can be used depending on the clinical situation.

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